

Use Your Time Effectively!



The Bank of Time

Each of us does business with The Bank of Time.

Every new morning (midnight) it credits your 'life account' with 86,400 seconds.

Every night (midnight) it writes off, as a loss, whatever of this time you have failed to invest purposefully.

The Bank of Time allows no overdraft and carries over no balance to the following day.

Each new day it replenishes your 'life account', resets to 86,400 seconds and continues to tick.

Each night it burns the remains of the day.

If you fail to use the day's deposits effectively, the loss in progress/productivity/results is on your 'life account' statement.

There is no going back to make better use of time that has passed by.

There is no drawing in advance against 'tomorrow'. You must live in the present, in the moment, and use your time from today's allotment.

Invest your time so as to get a return of the utmost in health, happiness, and success!

*Your clock is always running.
Make the most of your today. Right now!*

To realize the value of ONE YEAR, ask a student who repeated a grade.

To realize the value of ONE MONTH, ask a mother who had a premature baby.

To realize the value of ONE WEEK, ask the editor of a weekly newspaper.

Use Your Time Effectively!

To realize the value of ONE HOUR, ask the lovers who are waiting to rendezvous.

To realize the value of ONE MINUTE, ask a commuter who missed the train.

To realize the value of ONE SECOND, ask a driver who just avoided an accident.

To realize the value of ONE MILLISECOND, ask the sprinter who won a 'silver' medal in the Olympics.

Treasure every moment that you have. And treasure it more because you shared it with someone special, yourself!

*Schedule a FREE 'Get-Acquainted' Call
with me:*

<https://www.timetrade.com/book/LKCPG>

To Your New Mindset!
Mind Coach Shirley.

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